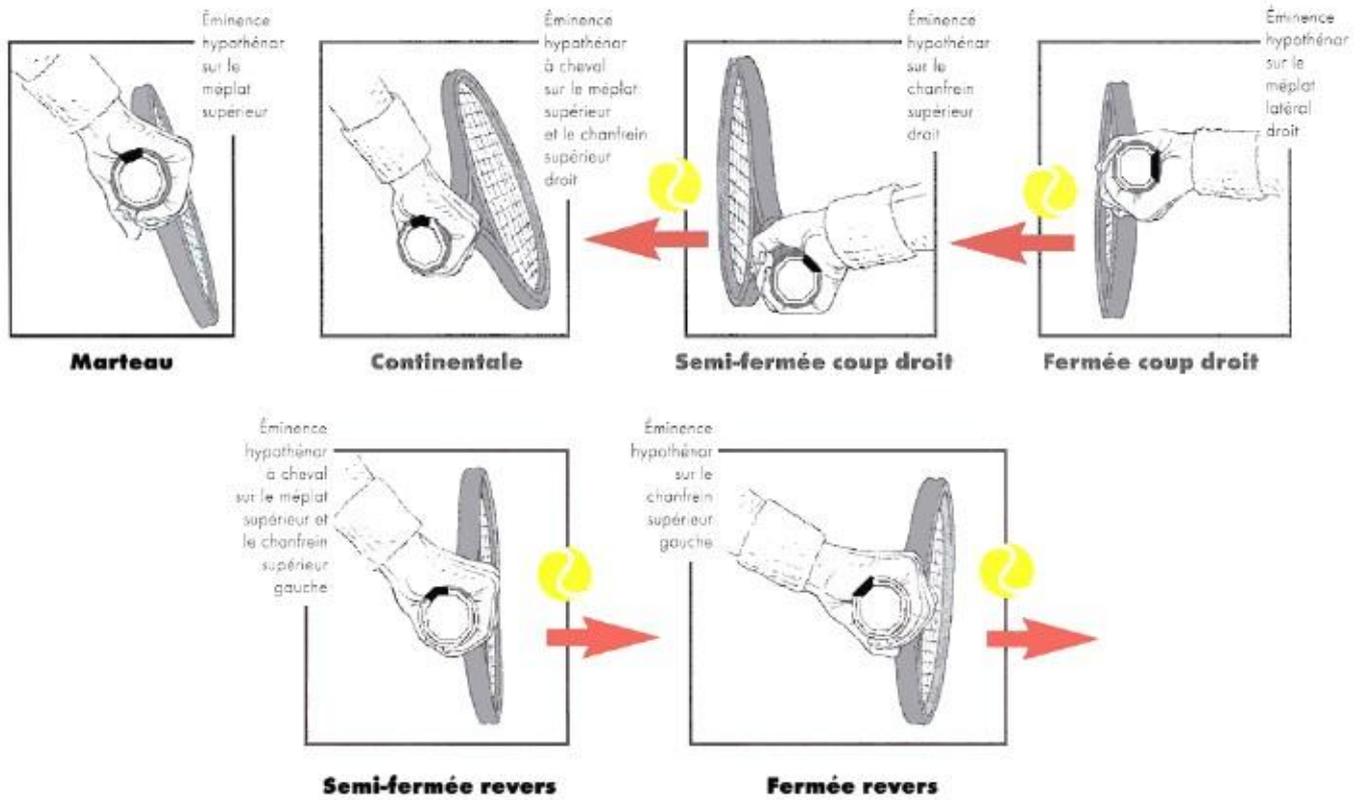
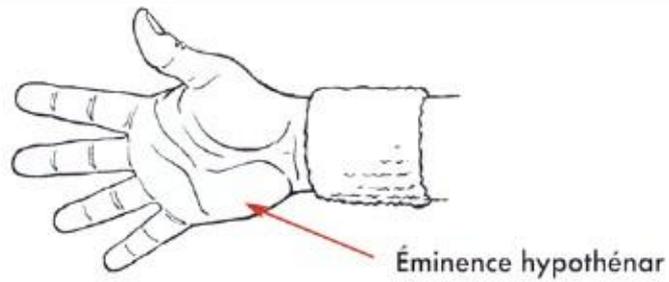
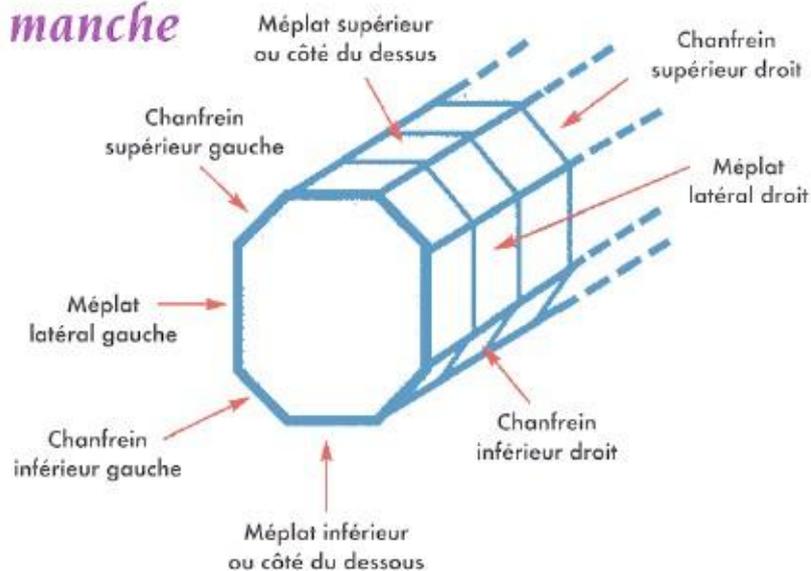
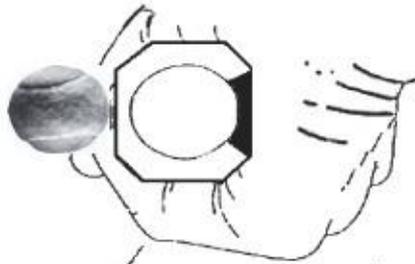


LES PRISES DE RAQUETTES

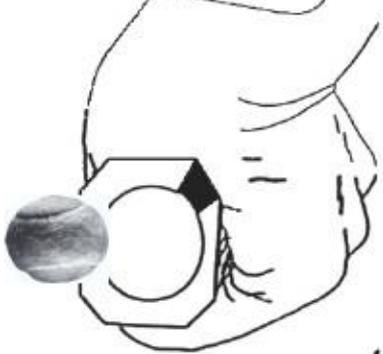


Structure du manche

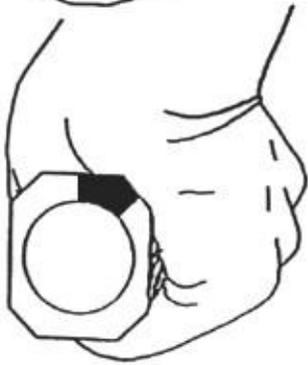




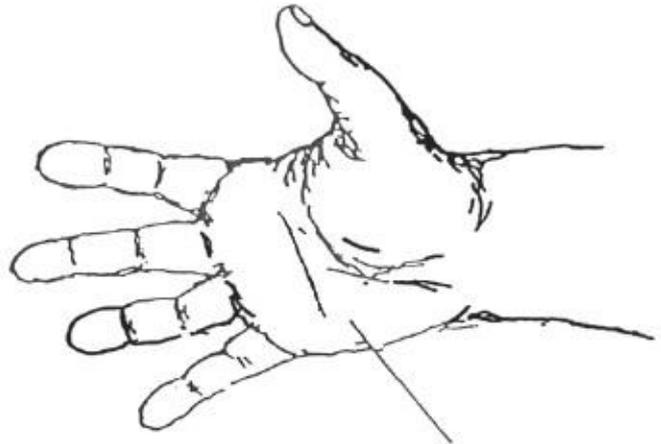
**FERMEE
COUP DROIT**



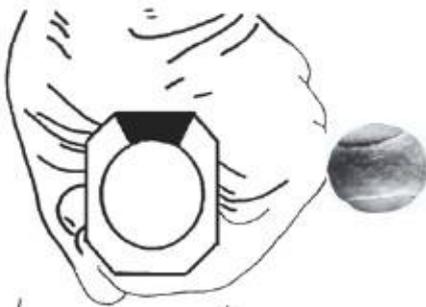
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COUP DROIT**



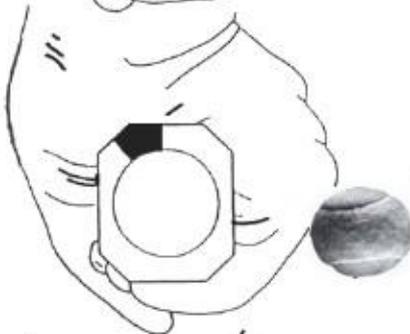
CONTINENTALE



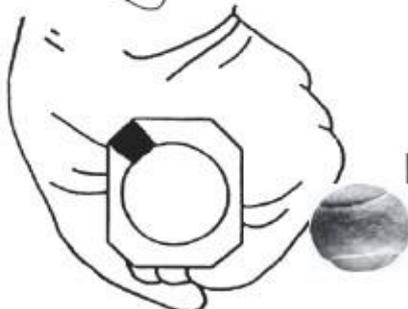
**EMINENCE
HYPOTHENAR**



MARTEAU

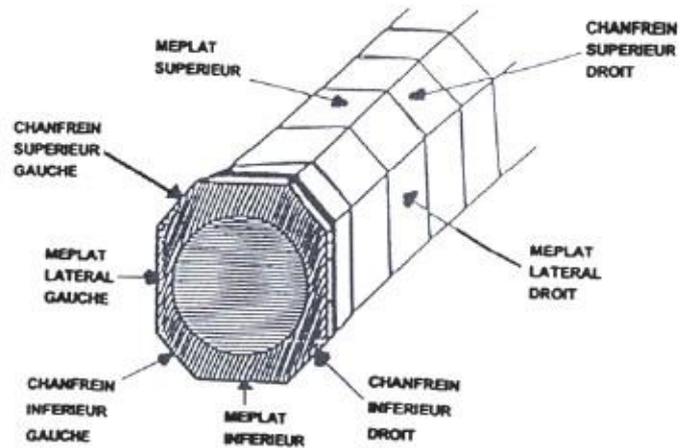


**SEMI FERMEE
REVERS**



**FERMEE
REVERS**

LES PRISES



STRUCTURE DU MANCHE

